

Key Considerations for Assessing Organizational Preparedness to Address Student Needs

Dr. Lori Holleran Steiker

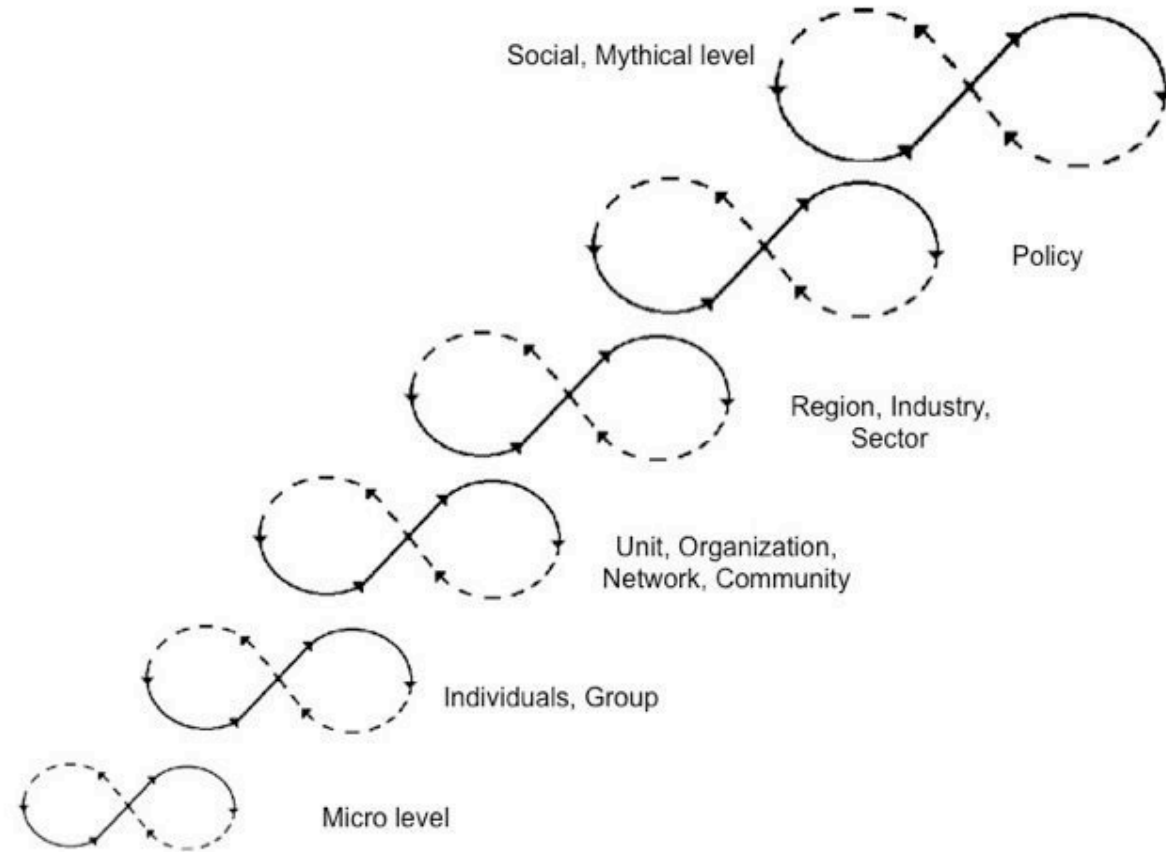


Travis County Youth Substance Abuse
Prevention Coalition



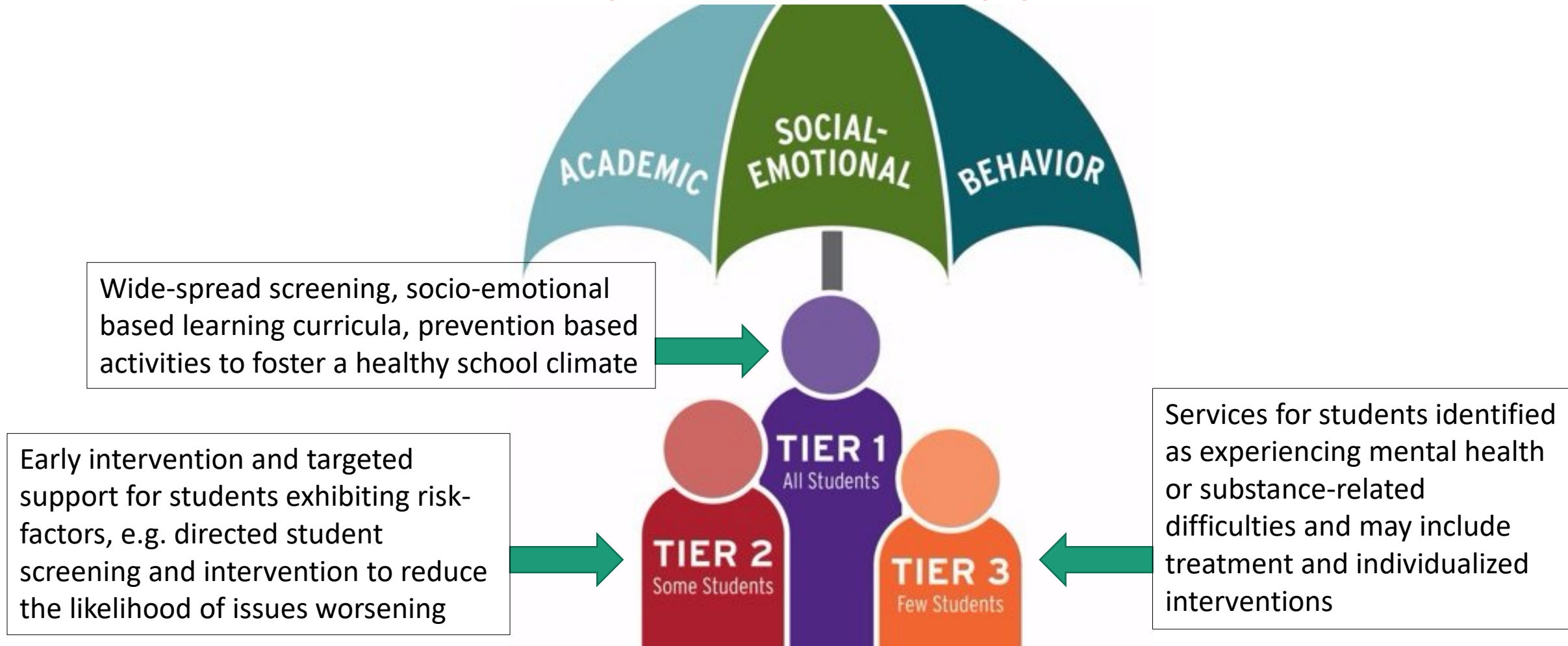
Framework

Panarchy: visualize how systems are embedded in systems and how these interdependencies influence the spread of change



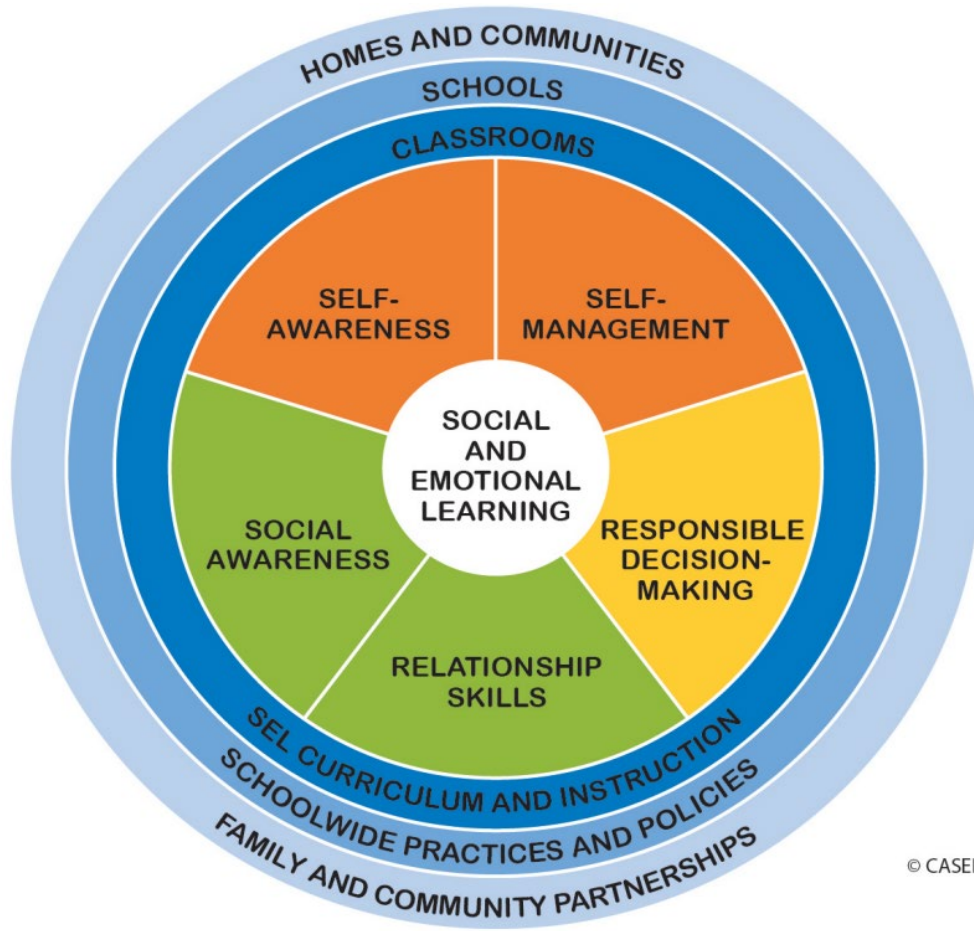


Multi-Tiered Systems of Support (MTSS)





Social & Emotional Learning Competencies



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- **Self-awareness**: Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a “growth mindset.”
- **Self-management**: Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.
- **Social awareness**: Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.
- **Relationship skills**: Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.
- **Responsible decision-making**: Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.



SEL/Other Supports: Key Considerations

- What initiatives has your organization/school implemented to create a supportive environment, one that is safe for disclosure/help seeking, promotes protective factors?
- Have staff been trained on trauma-informed approaches, SEL, adolescent substance use, mental health?
- If a student discloses a mental health or substance use issue what are the school's protocols around confidentiality, and or reporting?



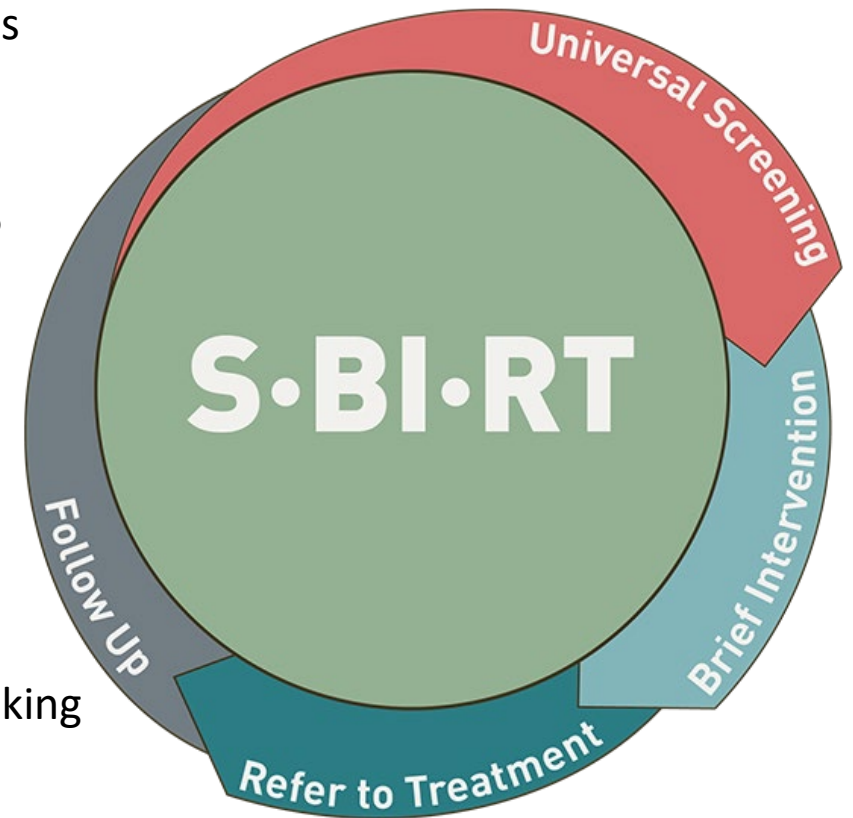
Prevention Programs

Program	Location	Benefit per Dollar Cost
Good Behavior Game	School	\$65.47
Positive Action	School	\$31.57
LifeSkills Training	School	\$17.35
keepin' it REAL	School	\$11.81
Drug Abuse Resistance Education (DARE)	School	(\$7.71)
Strengthening Families Program (10-14)	Family	\$6.45
Guiding Good Choices	Family	\$2.77
Communities that Care	Community	\$5.31
BASICS	University	\$17.34
SBIRT	Emergency Department	\$7.56



SBIRT

- C** Have you ever ridden in a **car** driven by someone (including yourself) who was “high” or had been using alcohol or drugs?
- R** Do you ever use alcohol or drugs to **relax**, feel better about yourself, or fit in?
- A** Do you ever use alcohol or drugs while you are by yourself, **alone**?
- F** Do you ever **forget** things you did while using alcohol or drugs?
- F** Do your **family** or **friends** ever tell you that you should cut down on your drinking or drug use?
- T** Have you ever gotten into **trouble** while you were using alcohol or drugs?





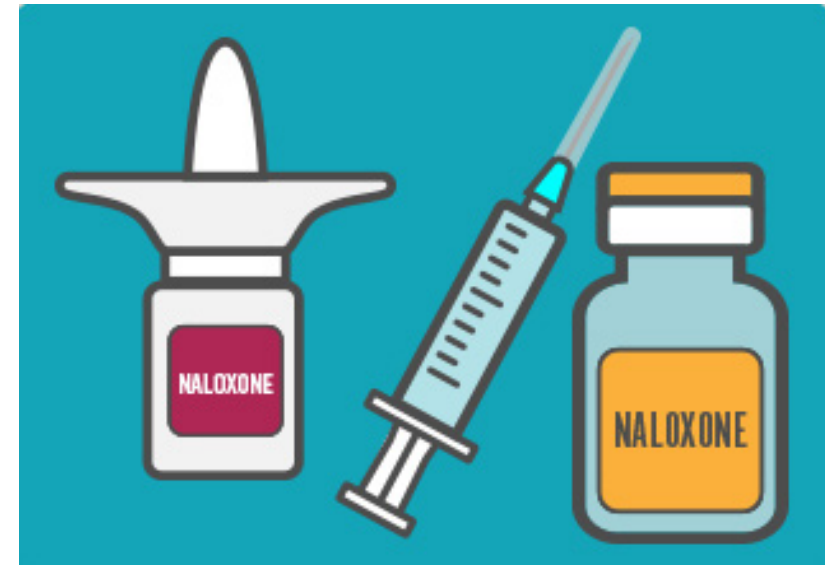
SBIRT: Key Considerations

- Does our school have a screening tool in place?
- What happens if a student is screened as using substances problematically?
- If students are self-medicating, what supports do you have for students who have survived trauma and/or live with mental illness?
- Do you have a referral network? Is it sensitive to the student's level of use? Is it gender-appropriate?
- Do you have special supports for pregnant/parenting teens?
- What protocols, policies and procedures exist around these issues?
- How do you communicate the limits of confidentiality before beginning conversations about substance, in which youth might disclose something mandated for reporting?



Naloxone/Narcan

Do you have policies and procedures in place to prevent overdose and life-threatening adverse outcomes?



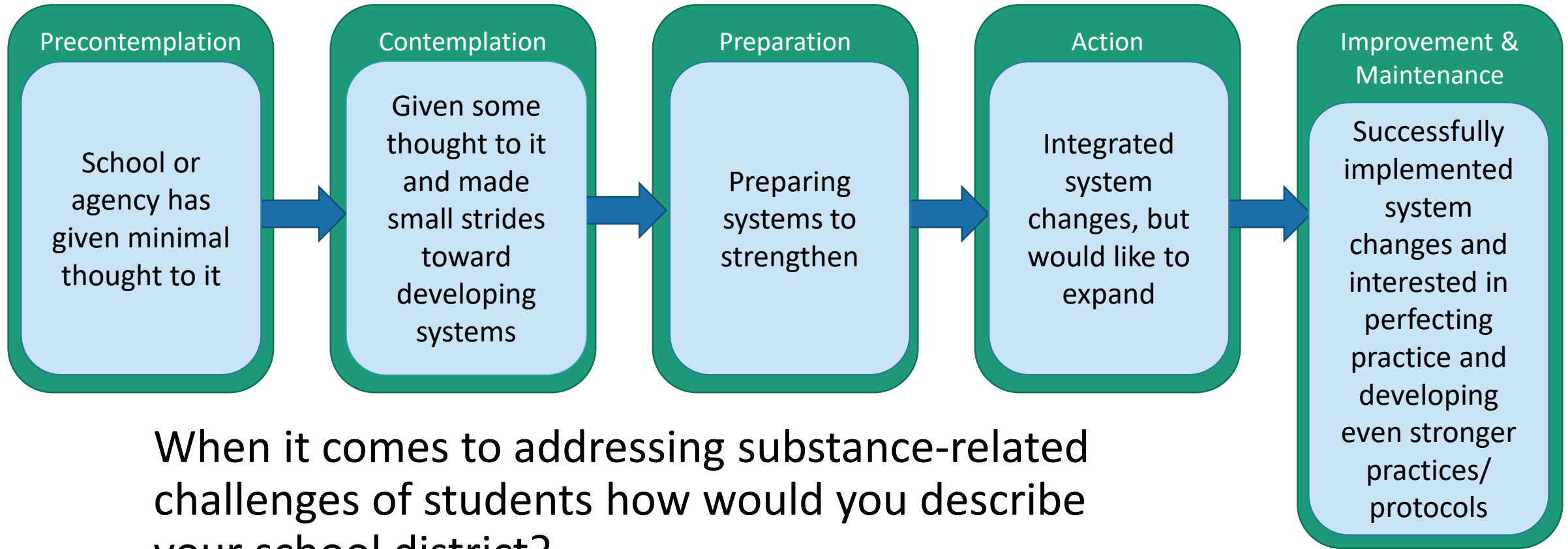


Assessing Your Organization's Readiness and Priorities

- Consider your school or organization's readiness before beginning to message
- Establish priorities: is it more beneficial to focus on specific changes or to address general issues?



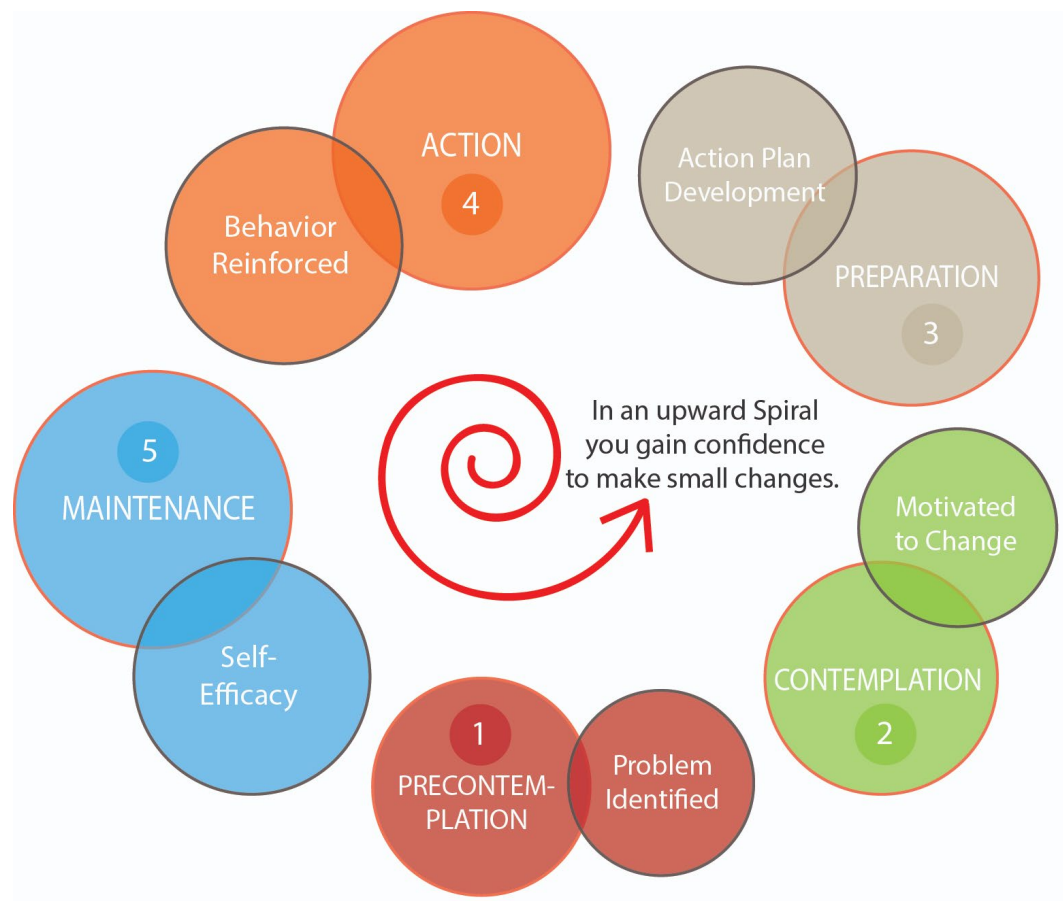
Stages of Organizational Change



When it comes to addressing substance-related challenges of students how would you describe your school district?



From Identifying Problems to Action





Stakeholders & Champions

- Identify the various internal and external groups who hold a stake in addressing student needs (students, nursing staff, local officials, etc.)
- Recognize champions of relevant issues (parent leaders, anti-drug advocates, etc.) that could be leveraged



Barriers

- Anticipate what (or whom) may resist changes
- Determine legal liabilities, e.g. for undocumented students
- Develop plans for addressing these barriers

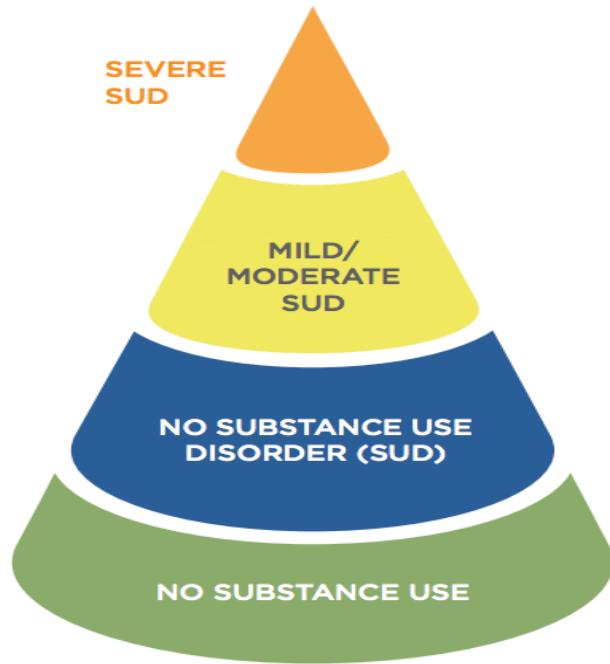


Tools

- Which tools are at your disposal?
- Which tools are needed but not yet available?



Support, Interventions & Referrals



- Create plans that target youth across a spectrum of substance use
- Gather data and use it to inform future plans


The proportions of adolescents at various risk levels vary across age levels, populations, etc.



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Travis County Youth Substance Abuse Prevention Coalition

strengthening collaboration among community partners that support efforts to prevent or reduce youth substance abuse



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Organization

Interests

- Events
- Webinars
- Meetings


Projects

- Preventing Opioid Misuse Among Girls
- Upcoming Webinars
- Subscribe to Opioid Project
- YISAPC Presentation at CLEAT Meeting 2019
- Opioids in Travis County
- YISAPC Summit 2019
- 2015 PSA Contest



Coalition members include representation from youth substance abuse prevention, treatment, recovery, law enforcement, business, healthcare, public education, non-profit, research, local government, students, parents, and youth-serving organizations.

Don't Miss our Upcoming Webinars on Opioids!



To join the listserv for the **Community of Practice** visit: www.tcysapc.org