**Recovery Resources**

**Narcotics Anonymous (NA)**

**Alcoholics Anonymous**

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| **Organization** | **Description** |
| **Central Texas Area Narcotics Anonymous**  1108 Lavaca Street Ste. 110-284  Austin, TX 78701  [(512) 480-0004](https://www.google.com/search?safe=strict&ei=PE2IW4viAaH-jwT9oJaQCw&q=narcotic+anonymous+autin&oq=narcotic+anonymous+autin&gs_l=psy-ab.3..38.67831.69881.0.70160.6.6.0.0.0.0.146.671.3j3.6.0....0...1c.1.64.psy-ab..0.6.666...0j0i20i264k1j0i10k1j0i67k1j0i22i30k1.0.xBzlXtTcs34)  <http://ctana.org/>  **Hill Country Intergroup AA Directory of meetings** | NA offers peer support recovery groups for persons addicted to any type of drug.  AA offers peer support recovery groups for persons with an alcohol problem. |

**Other**

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| **Name** | **Description** |
| **Sage Recovery and Wellness Center**  7004 Bee Caves Rd, Bldg. 2, Suite 200, Austin, TX 78746  (512) 831-8006  <https://www.sagerecoveryaustin.com/> | Sage Recovery and Wellness Center offers “Dual Recovery Anonymous” which is a 12-step meeting for those with dual diagnosis or co-occurring disorders. They also offer “Recovery Cross Talk” which is a structured mutual support group for people who are seeking recovery from a substance use and co-occurring disorders. |
| **Communities for Recovery**  4110 Guadalupe, Bldg. 635, Austin, TX 78751  (512) 758-7686  [www.CforR.org](http://www.cforr.org/) | Communities for Recovery offers peer recovery coaching, peer support services and programs, meditation, opiate addicts anonymous, dual recovery 12-step program, and 12-step recovery group. |
| **North Austin Foundation**  1000 Prairie Trail, Austin, TX 78758  (512) 614-0184  <http://www.northaustinfoundation.com/> | North Austin Foundation offers temporary shelter to people who want to get sober, on-site meetings, a sober supportive environment, fellowship events, 12-step program. |
| **Lifering Secular Recovery**  \*Meeting Locations Vary  1-800-811-4142  Austinlifering.org | Lifering Secular Recovery offers peer support recovery groups that don’t follow the conventional 12-step structure. |
| **SMART Recovery**  \*Meeting Locations Vary  (440) 951-5357  Smartrecovery.org | SMART Recovery (Self-Management And Recovery Training) helps individuals gain independence from addiction using a 4-point program that’s based on scientific knowledge. |
| **Texas Students in Recovery**  [2109 San Jacinto Blvd.](https://facilitiesservices.utexas.edu/buildings/UTM/0418) Bellmont 222 Austin, TX 78712  ([512) 475-7100](tel:1-512-475-7100)  https://recovery.utexas.edu/ | Texas Students in Recovery is [a community of students in recovery from addiction:](https://recovery.utexas.edu/studentstories.html) All ages, academic levels, and students from all schools are welcome to participate. They offer recovery-supportive programming which includes student-led peer support group meetings, sober social activities, service opportunities, and educational programming. |

**Treatment Resources**

**Local Mental Health Authorities (LMHA)**

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| **Name** | **Description** |
| **Integral Care**  \*Multiple Locations  (512) 472-4357  <https://integralcare.org/en/home/>  **Bluebonnet Trails Community Services**  Multiple Locations  (844) 309-6385  <https://www.bbtrails.org> | Integral Care offers programs that help people recover from drug and alcohol use. Integral care now provides Medication Assisted Treatment (MAT) for persons with an Opioid Use Disorder  Substance Use services, Mental health services, IDD services, Veterans Services, Early Childhood Intervention Services.  Bluebonnet trails now provides Medication Assisted Treatment (MAT) for persons with an Opioid Use Disorder |

**Counseling Resources**

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| **Name** | **Description** |
| **Capital Area Counseling**  2824 Real St., Austin, TX 78722  (512) 302-1000  <http://www.cacaustin.org/> | Capital Area Counseling offers counseling for adults, adolescents, children, couples and families in English and Spanish.  They also offer group therapy. |
| **LoneStar Circle of Care**  \*Multiple Locations  (877) 800-5722  <https://lonestarcares.org/> | LoneStar Circle of Care works under an integrated model. They offer individual therapy to children, adolescents, and adults. In order to use their behavioral health services, one must be referred by their primary care provider. They have free interpretation available for Spanish and American Sign Language. |
| **The Christi Center**  2306 Hancock Dr., Austin, TX 78756  (512) 467-2600  <http://christicenter.org/> | The Christi Center offers individual and group therapy to help overcome grief and loss. They offer a ‘loss to overdose and addictions” group for families and individuals. |
| **The Austin Center for Grief and Loss**  2413 Greenlawn Pkwy, Austin, TX 78757  [(512) 472-7878](tel:+1-512-4727878)  https://www.austingrief.org/ | The Austin Center for Grief and Loss offers individual therapy, support groups, crisis bereavement services, and workshops. |
| **Sol Counseling**  3400 Kerbey Ln., Austin, TX 78703  (512) 366-0954  <http://solhealing.com/counseling-austin/sol-community-counseling/> | Sol Counseling offers holistic counseling services that focus on mind, body, and spirit. |
| **YWCA**  2015 S. Interstate 35 #110, Austin, TX 78741  (512) 326-1222  <https://www.ywca.org/> | YWCA offers group and individual therapy. |
| **Community Care Clinic**  \*Multiple Locations  (512) 978-9000  <https://communitycaretx.org/> | Community Care Clinic offers group and individual counseling. |
| **Lifeworks**  3700 S 1st St., Austin, TX 78704  (512) 735-2400  <http://www.lifeworksaustin.org/> | Lifeworks offers community-based peer support counseling, shared psychiatric services, resolution counseling, and youth/ adult counseling. |
| **Phoenix House**  \*Multiple Locations  1-888-671-9392  https://www.phoenixhouse.org/ | Phoenix House offers residential drug and alcohol addiction treatment services for teen boys ages 13 – 18 who struggle with substance use disorder and co-occurring mental health problems. They offer 12-step work, cognitive behavioral therapy, and trauma-informed therapy. They also offer outpatient services which include comprehensive assessment; individual, group, and family counseling; mental health services; case management; life-skills education; drug testing; and recreational activities, as well as a specialized program for women and girls. |

**Detox and Treatment**

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| **Georgetown Behavioral Health**  3101 S. Austin Ave,  Austin TX, 78626  512.819.1100 | Accepts most types of Medicaid |
| **Texas Star Recovery (part of the Nero Rehab center)**  1106 West Dittmar Rd  Austin TX, 78745  512.462.6729  www.texasstarrecovery.com | Inpatient treatment and detox, IOP M/T/TH 6-9 for 6 weeks |
| **Right Step**  4701 West Gate Blvd, Suite D404  Austin TX, 78745  512.899.8300  Gernaro.sandoval@rightstep.com | day program M/W/Th 9-12, night program M/W/Th 6-9, have nutritionist, use exercise yoga, holistic health |
| **Clean Investments INC**  Austin TX  512-477-6690 | HHSC funded adult IOP |
| **CHILL (Changing How I live My Life)**  1006 E Yager Lane, #A-104  Austin TX, 78753  512-385-4799  www.chilliopaustin.com | adolescent IOP, adult IOP, Spanish-speaking IOP for 6 weeks W-Friday 6-9, 32 hour DWI intervention program for adults, make referral in CMBHS to show DSHS that OSAR made the referral but make sure to note that client is assessing local funding, have client sign consent for CHILL, self-pay $675 for IOP |
| **Austin Recovery**  13207 Wright Rd.  Buda, Tx  512-697-8600 | HHSC funded adult IOP. Residential treatment for adults and family House for pregnant females as well as new born and toddlers. |
| **Bluebonnet Trails Community services**  711 N College St  Georgetown, Texas  512-863-8968 | Adolescent and adult IOP in several locations in Williamson County.  Medication Assisted treatment is now available in Georgetown and Round Rock locations. |
| **Integral Care ambulatory detox**  Austin  512-804-3465 | Pregnant, IDU priority; Narcotics--Methadone, alcohol, no-benzo only detoxes. |
| **Christian’s Farm Treehouse**  3804 Riverside Trail  Temple, TX 76502  254-933-9400 | Clients attend multiple groups a day, and focus on topics such as anger management, parenting/life skills, substance abuse. They also see a counselor individually once a week.  There is Bible study M-F from 8-9, and this is not required, however clients are required to attend church on WED and SUN.  Client can also request a spiritual encourager, whose role is the assist them with the spiritual aspect of recovery. They meet with them once a week.  12 Step program – they attend Big Book studies and meetings TWICE a week. Daily chores are required also.  Discharge- main focus is to assist with setting up sober living. They do not have the resources to assist with housing or employment. |
| **Cenikor Residential Detox and treatment**  2410 Howard Ln,  Austin, TX 78728 ·  (512) 341-9769 | HHSC funded residential detox and treatment in the Austin area |